





<u>19.00 EST</u>

A practical approach to orthogeriatric care

of hip fracture patients - the first 7 days

AGENDA

• A practical approach to orthogeriatric care of hip fracture patients - the first 7 days

Megan M. Sorich, Assistant Professor, Department of Orthopaedic Surgery, UT Southwestern

Practical Tips on Orthogeriatric Care

Jenny Thain, Assistant Professor, Division of Geriatric Medicine, Western University Kaila Masalsky, Orthogeriatric Fracture Liaison Nurse Practitioner, Hip

Fracture Unit, Victoria Hospital, London

 Clues from patients & families: Identifying opportunities and challenges in facilitating early mobility after fragility hip fracture surgery

Lynn Haslam-Larmer, Associate Professor, School of Rehab Sciences, Queen's University

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Megan M. Sorich, D.O., joined the UT Southwestern faculty in 2019 as an Assistant Professor in the Department of Orthopaedic Surgery. She specializes in orthopaedic fracture care in older adults; the prevention of falls and fractures; and nutrition impacting the healing of hip fractures. After earning her medical degree at the Pacific Northwest University of Health Sciences College of Osteopathic Medicine in Yakama, Washington, she completed a residency in orthopaedic surgery at the Rowan University School of Osteopathic Medicine in New Jersey. She completed a geriatric orthopaedic trauma fellowship at the University of Minnesota, the only fellowship of its kind in the nation specializing in the care of the elderly.

Dr. Jenny Thain is an Assistant Professor within the Division of Geriatric Medicine, Western University. Her areas of clinical interest include osteoporosis and bone health, with a particular interest in orthogeriatric care. She is the chair of the Canadian Geriatrics Society Osteoporosis and Bone Health Special Interest Group, a member of the FFN Scientific Committee and Osteoporosis Canada Scientific Advisory Council and the Geriatric clinical lead of the Hip Fracture Unit at Victoria Hospital.





Kaila Masalsky is a Nurse Practitioner, graduating from Athabaska University in 2018. She has extensive experience in Emergency Medicine, Mental Health and Geriatric Medicine. Kaila's current role is the Orthogeriatric Fracture Liaison Nurse Practitioner on the Hip Fracture Unit at Victoria Hospital, London. Her role includes clinical orthogeriatric care and participation in clinical research.

Dr. Lynn Haslam-Larmer is a Nurse Practitioner with a PhD in Aging & Health. While completing her PhD, she examined mobility patterns of older adults experiencing a hip fracture, with the goal of understanding how to facilitate early mobility activities as these patients recover from surgery. Lynn now works as a clinician and researcher with older adults with complex mental health issues, such as dementia and depression. Her research interest is focused on how we can use technology to understand mobility patterns in older adults with dementia who live in long-term care. She is an Adjunct Associate Professor at Queen's University, in the School of Rehab Sciences.



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